



“The Rediscovered Feminine”

A workmanship about “woman in her interior Journey” (Ariana Publishing company)

Author: Nathalie Durel Lima

“The Rediscovered Feminine” has for objective to explain to women the fundamentals of the psychology of the feminine to help them knowing themselves better and deeper. Nathalie uses in this first book, the psychology of the archetypes and myths, she speaks about the cycles and the sexuality of the women, the ages they go thru, its deep and strong creativity, its sensitivity and force, her intuition, her beauty, her wisdom and her immense passion for life.

Since universities do not teach to the differences between masculine and the feminine psyche, finally the time has arrived for women to

assume its differential and to demonstrate values and specific behaviours of its proper world through a feminine vision and not a feminist point of view.

Only in such a way, they will be able to rebalance with conscience the powerful beauty of their feminine, and to rediscover the power of its Interior Goddess.

In this beginning of century XXI, the Feminine Power and the Release of the Woman is a deep and complex subject, mainly for Nathalie, who is Psychotherapist that deals daily with the doubts, complaints, blockades and sufferings she sees in the deep being of its patients.

Women crosses profound doubts thru life and the lack of answers can frequently live them in huge crises, in which pathologies appears, physical as in such a way psychological.



Nathalie Durel Lima is French nationality. She is graduated in Clinical Psychology with some specialties, between them, Transpersonal Therapies (Junguian formation), Art-Therapy and Equine Facilitated Psychotherapy. It studied these areas in France and Brazil.

She specialised in Psychotherapy with women in individual consultations and groups. She also writes articles for magazines about archetypes psychology, myths and Transpersonal and Junguian Therapy, Art-therapy and Equine Facilitated Psychotherapy.

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Index

Thanks.....
Prefaces.....
Introduction.....

First part:

My Journey

Second part:

Chapter I: The Feminine and its conditionings, or the power to see who we really are
Chapter II: Return to the origins.....
Chapter III: The Goddesses: mirrors of the wounded feminine.....
GODDESSES DEMETER AND PERSÉPHONE.....
GODDESS AFRODITE.....
GODDESS HERA.....
GODDESS ATENA.....
GODDESS ARTEMIS.....
GODDESS HESTIA.....
GODDESS HÉCATE.....

Third part:

Chapter I: The interior Journey.....
Chapter II: Psychopathology of the wounded feminine.....
Chapter III: My approach with women in therapy.....
Chapter IV: The therapist “being”.....
Epilogue:
Glossary.....
Bibliography e Fonts.....
Information about the therapist.....